



The Menu

Chicken

Perry's Special

Grilled chicken breast, melted swiss and provolone, onions and barbecue sauce. \$5.99

Chix Mex

Grilled chicken breast, avocado, melted swiss and provolone, tomatoes, onions, and mayo (hot peppers?). \$6.99

Chicken Caesar

Grilled chicken breast, provolone, creamy caesar dressing, romaine lettuce, parmesean cheese, and homemade pita croutons. \$6.49

Chipotle Chicken

Grilled chicken breast, chipotle sauce, tomato, avocado, alfalfa sprouts and lettuce. \$7.49

Frank Perdue

Grilled chicken breast, cranberry sauce, lettuce and tomato. \$6.49

Tatonka "New"

Grilled chicken breast, buffalo wing sauce, melted swiss, provolone and blue cheeses and onion. \$6.99

Chicken Salad

Homemade all white meat chicken salad, lettuce tomato and mayo. \$5.79

Captain Chicken

Homemade all white meat chicken salad, lettuce tomato, mayo AND avocado \$6.49

Walberry

Our homemade chicken salad, cranberry sauce, mayo, red grapes, walnuts and lettuce. \$7.49

Turkey

John Alden

Turkey, cranberry sauce, mayo, lettuce, tomato and onion. \$5.79

Add stuffing? + \$.75

Priscilla Alden

Turkey, cranberry sauce, mayo, lettuce, tomato and onion AND swiss. \$6.49

Add stuffing? + \$.75

Californian

Turkey, mayo, avocado, tomato and alfalfa sprouts. \$6.49

Monument

Turkey, ham, swiss, mayo, mustard vinaigrette, with your choice of either lettuce and tomato OR avocado. \$7.49

Wild Turkey

Turkey, melted swiss and provolone, tomato, onion, avocado and mayo. \$6.79

Roy Rogers

Smoked Turkey, melted swiss and provolone, barbecue sauce and onions. \$6.79

Turkey Club

Turkey, american cheese, mayo, bacon, lettuce and tomato. \$6.79

British Rail

Turkey, american cheese, bacon, avocado, lettuce and tomato. \$7.49

Calypso "NEW"

Smoked Turkey, Durkee's mustard vinaigrette, tomato, avocado, sprouts, bacon and american cheese. \$7.49

<p><u>Chicken Pesto</u> Pesto sauce, chicken breast, melted provolone cheese & tomato. \$7.49</p>	<p>** Add <i>Bacon</i> to any Rollwich for \$1.25</p>
<p><i>Ham and Pork</i> <u>Porkey's Nightmare</u> Honey ham, three melted cheeses (swiss, provolone and american) mayo, mustard vinaigrette, tomato and onion. \$5.49 <u>Porkey Goes Hawaiian</u> A <i>Porkey's Nightmare</i> plus pineapple. \$5.99 <u>California Dreamer</u> A <i>Porkey's Nightmare</i> plus avocado. \$6.49 <u>Trans World Pig</u> Ham, spicy mustard, swiss and pineapple. \$4.99 <u>BLT -</u> A Box Lunch bacon, lettuce and tomato with mayo. \$5.49</p>	<p><i>Roast Beef</i> <u>Owen's Special</u> Roast beef, real blue cheese crumbles, lettuce, tomato, onion and mayo. \$6.49 <u>Ferdinand</u> Roast beef, three melted cheeses swiss, provolone and American, mayo, tomato and onion. \$6.49 <u>Hot Roast Beef and Cheddar</u> Roast beef, melted cheddar, mayo, horseradish, tomato and onion. \$7.49 <u>Jaws I</u> Roast beef, mayo, horseradish and onion. \$5.99 <u>Jaws II</u> Same as the Jaws I but double the beef \$7.49 <u>Round-up</u> Roast beef, melted swiss and provolone, barbecue sauce and onions. \$5.99 <u>Industrial Roundup</u> Same as Roundup but twice the beef. \$7.49 <u>Proper Bostonian</u> Roast beef, creamy italian dressing, tomato, avocado and alfalfa sprouts. \$6.49 <u>White Angus</u> Roast beef, cream cheese, lettuce, tomato and onion. \$6.49</p>
<p>** Feeling Artistic?? Create your own <i>Rollwich</i> from any of the items on our menu! Priced Accordingly.....</p>	<p>We have a wide array of drinks including: <i>Nantucket Nectars, Arizona Teas, Snapple, Pepsi Products, and A&W Root Beers and Cream Soda!</i></p>

Seafood

Luau

Tuna, mayo, lettuce and pineapple. \$4.99

Tuna Melt

Tuna, mayo and melted swiss and provolone.
\$5.49

Sorry Charlie

Tuna, melted swiss and provolone, mayo and
avocado. \$6.25

Captain Albert

Tuna, mayo, lettuce, tomato, onion and
avocado. \$5.99

Phillio Fish

Tuna, cream cheese, lettuce, onion and
pickle. \$5.49

Cousteau "NEW"

Tuna, mayo, horseradish, tomato, onion and
melted swiss & provolone.\$5.99

Whale Watcher

Seafood salad, mayo, lettuce and tomato.
\$5.99

Gilded Lily

Seafood salad, mayo, melted swiss and
avocado. \$ 6.99

Lobster My Way (seasonal)

A quarter pound of lobster salad, tomato,
lettuce and mayo. \$11.99

Gilded Lobster (seasonal)

A quarter pound of lobster salad, mayo,
melted swiss and avocado. \$12.99

Kids

Piglet

A mini ham and american cheese. Mayo?
Mustard? Dry? \$3.69

Boring

Swiss, provolone and american cheeses
melted. \$3.69

PB&J

Peanut butter and jelly. \$3.69

Goblet

A mini turkey with mayo (or mustard or dry)
and lettuce. \$3.69

Mini Moo

A mini roast beef with mayo (or mustard or
dry) and lettuce. \$3.69

Pita Pizza

Marinara sauce, parmesan and provolone
cheese. Add bacon? \$3.69

Egg

Deviled Egg Salad

Egg salad, swiss, mayo, lettuce, tomato and
onion. \$5.49

Humpty Dumpty

Egg Salad, Bacon, mayo, swiss cheese,
lettuce and tomato. \$6.25

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Half Lobster & Chowder Special \$9.99

A Half of a Lobster Rollwich and small cup
of Chowder of the day!!!

Available all summer long!!!

Did you know that Stressed spelled

backwards is Desserts!!!! And we have
plenty of them both!! Brownies, Choc Chip
Cookies, Peanut Butter Cookies, Oatmeal
Raisin Cookies, Carrot Cake, Cheese Cake,
Chocolate Cake and novelty ice creams!!

Vegetarian**Organic Pocket**

Swiss and provolone cheeses, tomato, mayo, alfalfa sprouts, avocado, creamy italian dressing and lettuce (onions? hot peppers?) \$6.49

Blue Pocket "NEW"

Crumbled Blue Cheese, tomato, mayo, alfalfa sprouts, avocado, lettuce and creamy Italian dressing. (onions? hot peppers?) \$6.99

Guacamole

Avocado, melted swiss, provolone and american cheeses, tomato, onion and mayo (hot peppers?) \$5.99

Hum Vee

Hummus, avocado, tomato, onion, alfalfa sprouts and lettuce. \$ 6.49

Bean Vee

Vegetarian Refried Beans, avocado, tomato, onion, alfalfa sprouts and lettuce. \$6.49

Cheese Dreeme

Melted swiss, provolone and american cheeses, tomato, onion, mayo and Durkee's mustard vinaigrette. \$4.49

Veggie Melt

99.5% Veggie Patty, mild salsa, melted swiss and provolone cheeses, tomato and onion. \$6.49

Patty's Garden

*99.5%Veggie Patty, mild salsa, tomatoes, lettuce and onions. \$6.49

*Contains a small amount of egg white

Breakfast**Eggs MacNutten**

A scrambled egg rollwich with ham and american cheese. \$4.25

Missing Links

A scrambled egg rollwich with links, provolone and onions. \$4.25

Spanish

A scrambled egg rollwich with onions, tomatoes, provolone and hot peppers. \$4.25

Quickie

Two fresh eggs, fried hard, with bacon, cheese and black pepper, in a rollwich. \$4.25

Boston's Best Coffee

Small \$0.99

Large \$1.25

Assorted Muffins

\$1.99

Did you know that we do Catering Too?

We can accommodate just about any order - Sandwich Platters, Fruit Platters, Veggie Platters, Deviled Egg Platters and much more!! We also do Boxed Lunches for large groups, Meetings and Bus Tours too! Our largest order we have done to date is 800 Lunches!!!

Salads

Caesar Salad

Crisp Romaine lettuce, Parmesan cheese, homemade pita croutons and creamy Caesar dressing. \$4.99

Greek Salad

Iceberg lettuce, feta cheese, Kalamatta olives, pepperoncinis, onion and tomatoes served with Greek dressing. \$5.99

Cobb Salad

Iceberg lettuce, bacon, avocado, blue cheese, tomatoes, onions and egg. \$5.99

Chef Salad

Iceberg lettuce, turkey, ham, swiss, provolone, tomatoes, carrots and onion. \$5.99

Garden Salad

Iceberg lettuce, carrot, cucumber, green peppers and tomatoes. \$4.99

Salad Dressings:

Creamy Italian, Creamy Caesar, Buttermilk Ranch, Thousand Island, Blue Cheese, Creamy Greek, Italian, Light Italian, Fat Free Raspberry Vinaigrette.

- Homemade Red Bliss Potato Salad.....small \$.80 Large \$1.59**
- Homemade Tri-Color Pasta Salad with Veggies.....small \$.80 Large \$1.59**
- Homemade Coleslaw.....small \$.80 Large \$1.59**
- Macaroni Salad.....small \$.80 Large \$1.59**
- Homemade Fruit Salad.....\$2.49**
- Fresh Fruit - Banana or Apple.....\$.75**

Soups

Chowder available daily - some days its Clam Chowder and some days its Haddock Chowder!
A wide array of soups daily - call for the soups of the day!

Small 8oz.....\$2.99.....Medium 12oz.....\$3.99.....Large 16oz.....\$4.99